



# Goat Yoga



May 24<sup>th</sup> @ 10am

Where: 1750 Lake Ave SE, Largo, FL 33771

\$15 per person – max 2

Not Refundable

Deadline to sign up March 25<sup>th</sup>

Come unwind and refresh with us at Goat Yoga! 🐐 ✨

Join the Hero Club for a fun, relaxing session surrounded by adorable goats. It's the perfect way to stretch, laugh, and connect with nature. All are welcome!

We'll have two classes—one at 10:00 AM and another at 10:30 AM—giving everyone a chance to join in on the fun. After your session, feel free to tour the farm and enjoy the beautiful surroundings. You'll get a cup of feed each to feed the animals!

We'll also have a private patio space where you can mingle before and after the class with fellow members, friends, and family.

To keep you refreshed, we'll have unlimited water, sweet tea, and lemonade available.

Come for the yoga, stay for the good company and farm vibes! 🙏 🐐 🌿

Please complete the online form @ [www.baycarehero.com](http://www.baycarehero.com)

Questions can be directed to Brooke Edwards – [brooke.edwards@baycare.org](mailto:brooke.edwards@baycare.org)

**DO NOT REPLY TO THIS EMAIL**

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